

## MPS 2016 SPORT CAPTAINS



STRIVE FOR PERFECTION

MPS  
Eggstra

Week 8 Term 1

Principals Desk by Bonita Broughton

## VIRTUE OF THE WEEK

**Service**– Service is giving to others and wanting to make a difference in their lives. Having an attitude of service means looking for ways to be of help rather than waiting to be asked... When you work with a spirit of service, you give any job your very best effort. You make a real contribution. People who want to be of service can change the world." -excerpts from The Virtues Project™



**Parking** – Charles Street. Thank you to parents/carers and friends for remembering to park rear to kerb when parking in Charles Street near the school fence. Please remember however to leave the walkways clear for pedestrian traffic. ☺

My Friends and ITuesday 22 March 2016

Our friends from Bendemeer Public School will be joining us next week for a performance of, 'My Friends and I'.

With a winning blend of drama, poetry, puppetry and staging, this light hearted, humorous production tackles the problem of bullying head on. Throughout the show students are assured that if they are being bullied it is not their fault and there are things they can do about it.

The show explores the effects of bullying on the victim as well as offering strategies to deal with bullies. Strategies such as self confidence, walking away and talking to someone who can help, are presented as useful tools to disarm bullies. Students are also reminded that we all need friends and that to have a good friend you must be a good friend.

With its colourful cast of puppets, masks and student volunteers, My Friends and I gets its serious anti-bullying message (bullying is not acceptable and cannot be tolerated) across in a fun, entertaining way.

Please complete and return the attached permission note with payment to the office. Thank you.

**NO TENNIS NEXT TUESDAY**

## OUR PURPOSE

**GROW....SHINE....FLY***Grow in Learning*

We aim for our students to grow and achieve success in all areas of school and community life.

*Shine like a Star*

We aim for our students to be inspired through learning, to be positive, resilient and confident in order to develop their talents and abilities.

*Fly to New Horizons*

We aim for our students to confidently off into bright futures and contribute to make our world a better place.

**Year 7 – 2017 NOW DUE**

Expressions of Interest forms are attached for year 6 students. These forms need to be completed and returned to school. These forms should be returned to school even if the student will be attending a private secondary school. If you have any questions, please do not hesitate to contact the office.

## Leather shoes

Shoes – all students are required to wear well-fitting, black leather shoes. Black joggers or school shoes are fine. No canvas slip ons. There have been issues with shoes coming off whilst running and leather is required because of safety issues.

## Student phones

It is not recommended that students bring mobile phones to school, however, we do understand that on some occasions it may be required. For security reasons, mobile phones are to be left at the office and collected before dismissal assembly in the afternoon. The school will not be held responsible for damage to or theft of student mobile phones.

## Signing out

Families needing to collect students earlier than 3pm must come to the office first and sign students out of the school. This is a mandatory Department of Education requirement.

## NAPLAN

Dates for this year's NAPLAN are as follows:  
10 May – Language/Writing, 11 May – Reading  
12 May – Numeracy

Any parent/carers wishing to apply for exemption, withdrawal and/or disability adjustments should collect a form from the school office and submit before 13 March 2016.

Please see the attached letter that contains more information for parents of students in years 3 and 5.



## BOOK CLUB

## NOW DUE

### ORDERS AND PAYMENT DUE BACK TO SCHOOL

Thank you for supporting book club, this is a great way for us to earn resources for our library and to encourage our young readers.

## Working with children check

All parent helpers and volunteers must obtain a Working With Children Clearance (WCC) in order to help in the classrooms, carry out work within school grounds and/or participate on excursions. This is a child safety direction within the guidelines of the Child Protection Act. For volunteers this clearance is free. Our office staff will happily help you with any enquiries with regard to obtaining the WCC.

A free Working With Children Check may be obtained online at <http://www.kidsguardian.nsw.gov.au/working-with-children/working-with-children-check> When completing your online application, it is important that you enter your information exactly as it appears on your driver's license or other proof of age certification as this will be needed when verifying your identification at the Service NSW centre.

It is important that you advise the school office of your current Working With Children Clearance number. Numbers are valid for 5 years.

## PUPIL ABSENCES Children who are sick should be kept at home

If your child is absent from school for **ANY** amount of time you must supply the school with a note of explanation. Absence reports may also be made via email or by telephoning the office. If your child will be leaving early or has arrived late, you must come to the office and fill in a part absence form (available from the office) noting the time of arrival or departure.

Absence notes are used to accurately mark the class rolls, which are legal documents. Our rolls are regularly checked for extended or unexplained absences by our Student Welfare Team and Home School Liaison officers. For extraordinary circumstances eg Elite Sport, students can apply and may be granted an Exemption from Attendance for limited times. This Exemption is granted by the Principal following special criteria and is not included as an absence.

Each term Outstanding Attendance Awards are presented at our final Assembly.

**SICKNESS** If your child becomes ill at school you will be notified and asked to come and pick him/her up. Children who are sick should be kept at home. Please notify the school if your child has a communicable disease, e.g. Chicken pox, conjunctivitis or if he/she has head lice. Please ring the school if you are unsure as to how long your child should be kept away from school. Please see the attached pages, 'Staying Healthy at Moonbi Public School'.

**MEDICATION AT SCHOOL** Parents should complete an 'Administer Medication' permission and schedule for students requiring medication at school before leaving any medication at the office





Netball training has started after school from 3-4pm Fridays for girls in years 3-6. If you are interested in playing please make sure you have the correct footwear and a drink bottle.

We are starting to get hockey up and going so please remember your mouth guards on Fridays.

We are also hoping to start Rugby league and Oztag training soon.

Miss Cornish

### Munch and Crunch March

Healthy eating is not about just being a healthy weight. What children eat effects how the brain grows and works.



If you put dirty fuel in your car it won't work very well. The same applies to our body. Research has shown direct links between our ability to focus and how we behave. With 'dirty fuel' students are unable to focus, learn and are more irritable and more likely to make poor behaviour choices.

So throughout March, we will work to raise the awareness of students about the quality of fuels they are feeding their bodies. The SRC have organised a Mufti Day & Competitions and teachers will be working with students to diarise, graph and analyse fuel consumption.

### SCHOOL SURVEYS

As part of our school planning process we appreciate your feedback. Please complete and return surveys to the office now.

Nutrition Snippet

## The simplest way

...to cook quesadillas.

**Beef & Veggie Quesadillas**  
Serves: 5

**Ingredients:** 1 tbsp olive oil; 1 med brown onion, chopped; 1 clove garlic, diced; 200g button mushrooms, chopped; 500g beef mince; 1 large zucchini, grated; 1 large carrot, grated; 2 medium tomatoes, diced; ½ tsp ground cumin; ½ tsp ground coriander; ¼ tsp cinnamon; 10 medium tortillas; 250g reduced fat cheese, grated.

**Method:** Cook onion, mushrooms and garlic in frypan with olive oil until soft. Add mince and spices. Brown the mince, add zucchini, carrot and tomatoes. Cook for about five minutes. Lay a tortilla flat, layer half with cheese, a few spoons of mince and top with more cheese. Fold over. Cook in sandwich press until cheese melts and tortilla is golden crisp. Cut in half. Serve with salad. Refrigerate leftovers and add to lunch boxes.

**Variation:** add a tin of kidney beans for a more authentic Mexican dish and extra veg.

For more information visit [www.eatittobeatit.com.au](http://www.eatittobeatit.com.au) or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)

Eat It To Beat It



## Friday waterfun!

As a reward option for students that have not received orange slips this week, we are offering some water fight fun at 1<sup>st</sup> lunch Friday 18 March. This will be a supervised activity.

Students can bring their swimmers (personal choice) or water play in their sports uniform. Water pistols are permitted but NO WATER BOMB BALLOONS. It is recommended that all participating students bring a towel and rashi or tshirt.

A second reward option will be colouring in activities. Children permitted to participate may choose their reward.

### CANBERRA EXCURSION

This year the senior excursion will be in week 10 term 2 (27 June – 1 July). Expression of interest letter was sent home last week with newsletter. Please fill this out and return to the office as soon as possible with the non refundable deposit.

### School Mornings

**Active playground supervision commences at 8.45am, students SHOULD NOT be at school prior to this.**

Teachers and staff are in meetings or doing class preparation work before this time. Students should only be at school before this time under extraordinary circumstances (the office to be contacted to arrange) These students are asked to put away their bags and then sit quietly on the veranda until 8.45am. Parents are asked to be mindful of the time when dropping their children to school. Thank you.

## Moonbi Explorers Points Score

**FLINDERS**

**23**



**OXLEY**

**29**



**MITCHELL**

**35**



# P&C News

by Jen Hernando (President)

## Annual General Meeting

Our AGM will be held TONIGHT Wednesday, 16 March 2016, at 6:00 pm in the old staff room (followed by our regular monthly meeting). We have moved the time so all members can attend.

The following positions will be declared vacant at the AGM:

President  
Vice President  
Secretary  
Treasurer  
Assistant Treasurer  
Clothing Pool Supervisor  
Clothing Pool Assistant  
Canteen Supervisor  
Canteen Committee  
Student Banking Officer  
Student Banking Assistant  
Fundraising Committee

If you wish to nominate for any of the above positions, please attend the AGM in person or alternatively put your nomination and acceptance in writing and submit it to the Secretary, Kelly Constable, prior to the day of the meeting. A "word of mouth" nomination cannot be accepted. If you have any question or concerns about what a particular role entails, please ask one of your P&C Committee.

If you are not currently a member of our P&C and have not yet submitted and paid your membership you will be unable to vote at the AGM. If you are an existing P&C member you will be eligible to vote if your membership is current until the close of the AGM on Wednesday, 16 March 2016. Kootingal Moonbi Junior Rugby League Football Club held a junior sign up day Sat 27 Feb. The P&C were asked to help with the sausage sizzle. It was good to be able to help another association. Thank You Jackie Robertson, Lisa Madden and Jesse Freedman for spending the afternoon helping cook sausages and sell drinks and baked goods. We ended the night watching a movie under the stars provide by Centre Care. Thank You for proving services like this to the community.

We look forward to seeing you there. ☺  
Jen Hernando

## MEETINGS

**3RD WEDNESDAY OF THE MONTH @ 2PM.**

**LONE PINE COMMUNITY ROOM**

JEN HERNANDO  
President

Ph: 0429181727

## Student Banking by Lisa Madden

Hi bankers. The colouring in Competition is open to all banking students, pictures are to be returned to the office by this Friday 18 March. Pictures are available at the office. There will be prizes for the best one in each class. If you would like to open a new account for you child, please don't hesitate to contact me at the school Friday mornings. This term with your tokens you can claim a Flying Snake and a Wildlife Writer Set.

This year we're giving students the chance to win a family trip for up to two adults and three children to explore Australia Zoo and meet Bindi and Robert Irwin.

Students who make 15 or more School Banking deposits by the end of Term 3, 2016 will be automatically entered into the draw. This is another great way to motivate students to save regularly and reach their savings goals. Find out more at [www.commbank.com.au/schoolbanking](http://www.commbank.com.au/schoolbanking)  
Lisa Madden - School Banking Coordinator

## Busy Bee Canteen

by Jackie Robertson

For this week's daily special we will be having bags of popcorn for -50c.

If your children love ice cream don't forget we have ice cream cups for \$1.00 and Chocolate and Rainbow paddle pops for \$1.40. They are both great for these hot days.

**This week's volunteers are: Zoe and Kelly**

Our canteen menu is also available through the school website.

Jackie Robertson – Canteen Supervisor  
0458201127



## Volunteers needed

Remember to complete a **FREE** online Working With Children Clearance Check (it is free for volunteers and lasts 5 years). Information available at office.

## Clothing Pool

I am available at school Thursday morning or by appointment only Wednesday, Thursday, and Friday afternoons. You can contact me on 67605218 or 0429445253.

Clothing Pool Supervisor - Penny Foster

## Mother's Day Stall

We will be running a Mother's Day Stall again this year. We will be running it on the 5th May in Term 2. If anyone would like to donate any gifts or homemade gifts please come and see me or give me a call. Just remember, all money we raise goes back to improving our kids' education and resources.

Thank You Jackie Robertson (0458201127)

## HIGHLIGHTS FROM THE CLASSROOM



### Budgies

Thank you to Mrs White, Mrs Newman and Miss Drury for looking after us while Miss Cornish was sick. We're all happy that she is back now. ☺

**Rosellas** This week year 1 and 2 students from our class visited the 'Teddy Bear's Hospital'. The student's teddies enjoyed a check up from the doctors in training, while the students gained confidence for when dealing with doctors.

I was very impressed to see students had improved their times table skills and were able to give quick responses during our 'timetable challenge'.

**Hawkes** We are starting a new science unit this week. We will study bridges and become structural engineers, attempting to design a bridge that can hold weight. Please remember that LOTE projects are due in tomorrow.

# Missing memory stick

Late last week a memory stick went missing from school. It contains lots of researched documents as well as other important school things. Although a thorough search has been conducted it hasn't turned up. It is possible a student may have picked it up without realising what it is and taken it home. It is the same as the one in the photographs, however has a different Hello Kitty dangle on it. I would appreciate it if anyone finds it, could you please return it to the office. Thank you.



## ATSEC

*Stella Lamb will be joining us again on Monday 21 March for our Harmony Day celebrations. We will have some activities following our Awards Assembly at 9am. Everyone is welcome. Let the office know if you are able to join us.*

*On Friday 1 April our school will be visiting Walhallow Public School for a 'Celebration of Respect'. This will be a great opportunity for our students to experience a different learning environment and enjoy some fun activities including storytelling, dance, art, music and language. A note and further details will be sent home soon.*

*Our committee is looking forward to bringing a cultural day/experience to students every term.*

*Our student representatives meet monthly with Mrs Broughton and are already busy brain storming some of their own ideas.*

*If you have any suggestions, we would love to hear from you, you can call in at the office, telephone or even drop us an email.*

*Our regular meetings will be held at 2pm on the first Wednesday of each month. Come along, you are welcome to bring your other children as well as friends, family and community members that may be interested.*



Thank you to the enthusiastic band of students practicing 'service' tidying the school grounds and offering to help others.

**SRC Fundraising - Hot weather and icy poles, what a great combination! Once again our SRC will be raising funds by selling icy poles at lunch times Monday - Thursday. 50c per icy pole.**



# S.R.C

## Happy Easter Everyone!

The S.R.C is going to run a fundraiser for Easter.

Prizes will be an Easter hamper and other Easter themed items.

We are asking for donations to include in our hamper. If you would like to support the SRC with this fundraiser, please bring in an Easter chocolate or something Easter related for us to add to the hamper.

We will be selling raffle tickets from tomorrow, through until the Thursday before Easter. The tickets will cost 50c each.



Thank you.



# THIS WEEK IN THE KITCHEN GARDEN

## What's Growing?

This week students were very busy learning how to plant seeds. The students all listened very carefully to the instructions to ensure the beetroot seeds were planted correctly. Like most veg, beetroot likes a sunny spot and good drainage. The beetroots are ready to harvest when they are approximately the size of a small orange; too large and they won't be as tasty.

Students have been looking after the garden during this hot weather by ensuring they are watering the plants daily and adding mulch to garden beds to protect the soil from direct sun. Students are nearly finished scattering the wood chips around the school garden. They have been working very hard to try and get this job finished.

Miss Reilly



## What's Cooking?

The Carrots group cooked Greek Vegetable Kebabs. Both Mrs Johnson and myself wish to congratulate the whole group for your manners, enthusiasm and cooperation.

I liked how the vegetable kebabs were made (Lauren).

I learnt how to cut zucchini (Giselle).

Mrs Harris – Kitchen Coordinator



# Upcoming Events

## Harmony Day

Monday 21 March

The theme for Harmony Day 2016 is **our diversity is our strength**

## Assembly

Monday 21 March, 9am

## Anti Bullying Performance

Tuesday 22 March  
\$4 per student

## Bunny Bazaar

Thursday 24 March  
Morning hat parade and a day of Easter themed fun. Further details to follow.

## Good Friday

Friday 25 March

## Easter Monday

Monday 28 March

## Sporting Schools Tennis

Tuesday 29 March

## Year 5-6 Canberra Excursion

Week 10, Term 2

## Year 3-4 Tea Gardens Excursion

Week 8, Term 3

## VIRTUE OF THE WEEK

### SERVICE

## HONOUR BOARD

Nominate somebody this week that has demonstrated Service.



## SCHOOL MISSION

Our motto is to  
**'STRIVE FOR PERFECTION'**  
and our students are expected to strive for the highest standards academically, socially, physically, emotionally and culturally.

## Moonbi Sports House Points Score

BULLIMBALLA



CARRAGUNDI



## Moonbi Public School Eggstra

Ph:0267603151

Fax:0267603871

Charles St, Moonbi, NSW, 2353  
moonbi-p.school@det.nsw.edu.au

## Moonbi Horse Sports Team Events

Quirindi Public School  
Friday 29 April 2016  
(entries close Friday 1 April)  
Forms available at the office.

Moonbi Public School  
September 2016  
Entry forms will be available soon.

