

MPS 2016 SCHOOL CAPTAINS



STRIVE FOR PERFECTION

2016 CLASSES

MPS
Extravaganza

Week 3 Term 1

Principals Desk by Bonita Broughton

WHAT IMPRESSED ME THIS WEEK

This week I was impressed by how settled our new classes have been. Well done everyone!

REACHING FOR THE STARS

School of Excellence

NSW public schools are committed to the pursuit of excellence and the provision of high quality educational opportunities for each and every child.

The School Excellence Framework supports all NSW public schools in their pursuit of excellence across three domains of learning, teaching and leading.

Each year, schools will assess their practices against the Framework to inform their school plans and annual school reports.

Over the coming weeks we will be reviewing our performance in these three domains.

WISDOM OF THE WEEK

This week's "Wisdom of the Week"-

"You can, because you think you can."

IN THE SPOTLIGHT

Celebrating our successes

Congratulations to the following students who were awarded at our Assembly on Monday morning;

Literacy Awards - Hermarni - Opals, Coady - Diamonds, Dylan - Pearl and Taylah - Sapphires.

Library Awards - Koby - Mitchell, Isaac - Oxley and Aiden - Flinders.

Virtue Awards - Jaiden - Budgies, Lauren - Rosellas, Coady - Hawkes and Kaydee - Hawkes.

Class Awards:

Budgies - Jaiden for settling in to Kindy well.

Abby for being a very helpful class member.

Rosellas - Jordan for settling in to you new school.

Karla for participating in all class discussions.

Hawkes - Jacob and Liam for a settled start in your new school.

Golden Trowel - Ruby

Golden Whistle - Riley

Golden Spoon - Mrs Harris



VIRTUE OF THE WEEK

Integrity- ... Our focus value for this week is Integrity. Your children have been learning that integrity is doing the right things even when nobody is watching or there is no reward. Make sure you look for opportunities to model integrity to your children.

MAKING A MARK ... "Live so that when your children think of fairness, caring and integrity, they think of you." H Jackson Brown Jr

CLASS STRUCTURE 2016

Kindergarten Budgies (Miss Cornish)

1 2/3/4 Rosellas (Miss Reilly)

3/4/5/6 Hawkes (Mrs Harris)

BIRTHDAYS AT SCHOOL

The Healthy Schools Policy states that students are only allowed to have "red" foods once per term.

Food brought to school by parents has direct implications for this policy, food preparation requirements of the Department of Education Healthy Schools Policy as well as the potential for impact on students with a wide variety of allergies. The provision of birthday cakes and other food treats to classrooms for distribution to students is therefore only permitted with the permission of the class teacher and after consideration of the impact on students with identified food allergies.

So unfortunately, to follow these policies, we have to make a change regarding birthday cakes in 2016. Please do not send in birthday cakes with high sugar content to share with the class on your child's birthday. Included in this newsletter are some suggestions of alternatives. Thank you for your understanding in this matter.

Newcastle Permanent's
Cinema
under the stars

MEET STUART, KEVIN & BOB

Friday 19 February
Bicentennial Park, Tamworth
Minions (PG)

Entertainment from 5:30pm, movie from sunset

Visit newcastlepermanent.com.au/terms or like us at [facebook.com/newcastlepermanent](https://www.facebook.com/newcastlepermanent)

WORKING WITH CHILDREN DECLARATION

The Working With Children Declaration is an important part of the Department's recruitment process to prevent unsuitable people from working with children in schools. Anyone working in schools with children, including parent volunteers are required to complete a Working With Children Check Declaration and provide Proof of Identity that meets the 100 point check. This includes parents who help in the classroom, volunteer in the canteen and help at other activities, such as P&C events and discos.

A **FREE** Working With Children Check for volunteers is available online at <http://www.kidsguardian.nsw.gov.au/working-with-children/working-with-children-check>

If would like to volunteer in any capacity in our school you will need to complete one of these forms.

Good for Kids good for life

BENEFITS OF TEAM SPORTS

Participation in team sports is a great way to increase your child's physical activity. But did you know there are a number of other benefits to team sports, including:

- Teaching children skills in teamwork
- Increasing communication skills
- Helping children gain confidence through interaction with other kids
- Teaching children it is ok to lose sometimes
- Making new friends
- And most importantly having fun!

There are many different team sports to choose from such as soccer, netball, touch football and hockey. Why not see what team sports are available at your school or in the community for your child to participate in?

NSW Health
Hunter New England Local Health District

PHONE 4924 6499

Clothing Pool

REMINDER - Uniform order forms are due in **NOW**. Please try to order when a uniform order is being run (as it can take 3 to 4 weeks after the order has been placed before it is ready to be picked up) this will avoid any disappointment.

I am available at school Thursday morning or by appointment only Wednesday, Thursday, Friday afternoons. You can contact me on 67605218 or 0429445253. Clothing Pool Supervisor - Penny Foster

SCHOOL PLEDGE

This is our school,
Let peace dwell here.
Let the room be full of contentment,
Let love abide here.
Love of one another,
Love of mankind,
Love of life itself,
And love of God.
Let us remember,
That as many hands build a house, So
many hearts make a school.

Term 1 2016 workshops at Tamworth Regional Gallery

Do you know a creative school aged child?
Tamworth Regional Gallery is offering art workshops in Term 1.
For details contact the Gallery on 6767 5248.

Smarty Arty for 5-7 year olds

This block of 4 classes designed for 5-7 year olds will give participants the opportunity to develop their creativity in a supportive environment using specialist art materials. Students will learn drawing, sculpture, painting & more!

Dates: Wednesdays February 17 & 24, March 2 & 9
Time: 4.15pm - 5.15pm
Cost: \$50.00 for a 4 class block (includes all materials)
Teacher: Kate Armstrong

Students must wear closed in shoes (no sandals or thongs please) and a parent shirt to each class. Full payment must be made prior to the commencement of class 1 and an enrolment form must be completed.
No refunds available

Art After School for 8-12 year olds

This block of 4 classes starting in week 4 of term will be conducted by the very experienced and highly qualified Lesel McInirick. Lesel will engage students in a program designed to encourage students to try their hand at new and familiar materials. Activities will include painting, mixed media, sculpture and drawing.

Dates: Tuesdays February 16 & 23, March 3 & 8
Time: 4.15pm - 5.45pm
Cost: \$80.00 for a 4 class block (includes all materials)
Teacher: Lesel McInirick

Students must wear closed in shoes (no sandals or thongs please) and a parent shirt to each class. Full payment must be made prior to the commencement of class 1 and an enrolment form must be completed.
No refunds available

Tamworth Regional Gallery
Facebook
NSW
Trade & Investment NSW
ipgnw

P&C News

by Jen Hernando (President)

The P&C is a good way to be part of your children's school life. We aim to help raise funds for the school to use to help the kids get the best education possible.

Please feel free to contact a member of your P&C Committee at any time if you have any questions or suggestions as we really appreciate our school community's feedback and input.

Our next meeting is **Wednesday 17 Feb at 2pm** in the old staff room. If you are new to our school please feel free to come along and see what goes on.

Everyone is more than welcome to join us and encouraged to attend as we are always happy to see new and old faces.

Our Annual General Meeting will be held Wednesday 16 March.

Your current P&C Executive Committee members are:

Jen Hernando	President
Kim Kelly	Vice President
Kelly Constable	Secretary
Lisa Madden	Treasurer

Remember, all the money we raise goes back to improving our kids' education and resources. ☺

MEETINGS

3RD WEDNESDAY OF THE MONTH @ 2PM.

LONE PINE COMMUNITY ROOM

JEN HERNANDO
President

Ph: 0429181727



STUDENT BANKING

Hello my happy little bankers. This Friday is the first banking day for the year. If you would like to open a new account for you child, please don't hesitate to contact me at the school Friday mornings. If you did not receive your banking prize at the end of last year please come and see me and I will get that sorted.

This term if you have a look in the display cabinet you will see that you can claim a Flying Snake and a Wildlife Writer Set.

This year we're giving students the chance to win a family trip for up to two adults and three children to explore Australia Zoo and meet Bindi and Robert Irwin.

Students who make 15 or more School Banking deposits by the end of Term 3, 2016 will be automatically entered into the draw. This is another great way to motivate students to save regularly and reach their savings goals.

Find out more at commbank.com.au/schoolbanking

Lisa Madden

URGENT!!! Intensive swimming notes have to be in ASAP. We swim on **Monday**, if your note is not in we will not chase notes.

FRIDAY lunch time - hockey training. (Please bring mouth guards if you already have them.)

Peel Valley swimming this Friday, we have 4 students competing so good luck guys!

ZONE swimming carnival - 26th of Feb (notes are going home this week)

CALL FOR ANYONE WHO IS INTERESTED IN TOUCH OR NETBALL coaching to contact the school please. Miss Cornish.



Busy Bee Canteen by Jackie Robertson

Good afternoon everyone, I hope that you are enjoying the start to term.

We apologise that Jr snack pies will not be available again this week as our supplier has run out again. Sorry for any inconvenience and we hope to have them back next week.

Thank You to Katie and Zoe for volunteering your time this term. We are still after more volunteers, so please check your diary to see if you can help out.

Ask for a volunteer request form at the office.

Next Friday 19th February the canteen will only be open for ice-cream and drink as Intensive Swimming will be on.

This week volunteers are: Jackie & Zoe

Our canteen menu is also available through the school website.

Jackie Robertson – Canteen Supervisor
0458201127

VIRTUE OF THE WEEK

KINDNESS

HONOUR BOARD

Jaiden, Lauren, Coady, Kaydee



HIGHLIGHTS FROM THE CLASSROOM



Budgies

This week Kindergarten have started learning about natural environments. We have been looking at a special Island that has been damaged by humans. We will also be starting our road safety program this Friday. Please make sure your child is having a go with their homework. I can't wait to see who the first ones are to learn all of their turtle words and move onto the fish level.

Rosellas

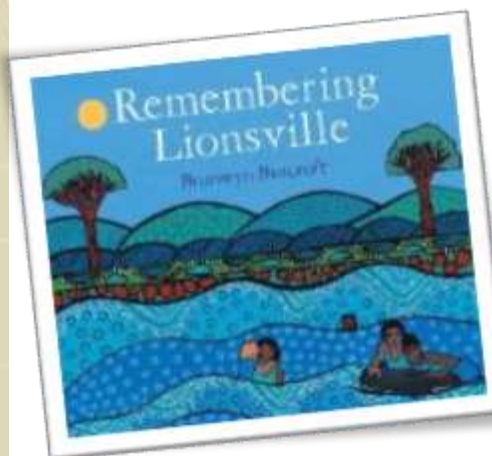
This week students have been focusing on the life cycles of living things. They have also been discussing the differences between the stages of animal and plant growth.

Hawkes

In Mathematics we are learning how to multiply and subtract larger numbers. In Science we have created creatures and explained how their unique bodies allow them to adapt to and survive in various environments.

Library News

by Bonita Broughton



Renowned artist Bronwyn Bancroft tells her inspiring story of growing up in country New South Wales.

Come with me to my family's old house in Lionville. It's full of memories. It's a special place. Uncle Pat calls it a secret place. We played in that old tin cubby, swam in the creek with the catfish, and fell asleep to the ribbip of frogs at night. And around the red cedar table we listened to the old people's stories. We learned a lot that way.

**Genre: Historical fiction /
Picture books**

MOONBI MARVELOUS MANUSCRIPTS

Superman, Spiderman, Hulk
and more in the

Universe of Marvels

Protecting the world,

Eliminating evil doers.

Right against wrong,

Heroes rule!

Extrême powers

Rising up, always

Over villains.

By Jayden Smith

Superheroes are cool!

Using their powers to save
the world.

People are saved and

Evil villains are no more!

Rushing around the world,

Helping people.

Excellent things happen when
villains are taken down.

RESPECT the world

Or we are in trouble.

By Jordan Day



Thank you Melissa Harris for your fantastic volunteer work,
straightening books in the Library

FRIDAY REMINDER: Gardening Smock, Boots &
Gloves, Sport Uniform, Library Books & Bag, Lunch orders.



Web sites for learning and fun -- for kids and parent together.

This week's Site to See:

Time Clock

<http://www.primarygames.com/math/timeclock/index.htm>

Can you move the clock's hands to set the time right? (Grades 2-up)

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Lost Property is already becoming a HUGE issue with students leaving a large array of items around the school every afternoon. Please clearly label ALL student belongings. Unclaimed lost property at the end of the term will be given to the uniform pool.

Crunch&Sip®

Crunch&Sip® is a set break in class for children to eat a piece of fruit or salad vegetable and sip water throughout the day. We ask parents and carers to supply a suitable snack and a drink bottle with water during for our Crunch&Sip® breaks.

Research has shown that drinking water and eating fruit and vegetables is essential for good health and can help children concentrate throughout the day.

Our school is a certified Crunch&Sip® school and is committed to improving the health outcomes of our students.

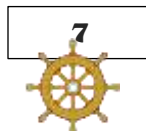
Newsletter

Our newsletter will be sent home to families on Wednesday afternoons. A copy of our newsletter is always available on our school website. If you would like to receive the newsletter via email, please contact the office and we will happily arrange that for you.

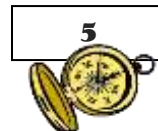
If you have something that you would like to put into the newsletter, please forward this to the school before 9am Tuesdays to allow time for approval.

Moonbi Explorers Points Score Friday Rotation Groups

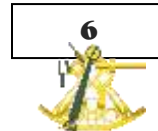
FLINDERS



OXLEY



MITCHELL



Getting the School Year Off To a Good Start

- Set a firm, reasonable bed time. Kids need plenty of rest, especially as they readjust to the school-year schedule.
- Take time for a healthful breakfast each day. Children who eat well before school have the energy to take full advantage of important morning instruction.
- Find a place for everything, and put everything in its place. The beginning of the year is the time to set routines that will avoid lost backpacks and materials.

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B is for BEDTIME.

Awwwww, Mom! Already?
Sound familiar? On average, children need 8 to 10 hours of sleep each night. Sleep is important for many reasons. Lack of sleep can cause kids to be hypersensitive, impatient, or cranky. It is more difficult for children to concentrate and learn when they are tired. (Some doctors even believe that during sleep the brain "files away" what is learned during the day.) Encouraging quiet activities -- such as reading -- just prior to bedtime offers a transition that helps children relax. *Sweet dreams!*

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The world's biggest sharks -- the basking shark and the whale shark -- are also among the least dangerous sharks.

When an armadillo gives birth, it almost always has four babies.

Baby camels are born without a hump.

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NO HAT – STAY IN THE SHADE OR NO PLAY. REMEMBER YOUR HAT TO ENJOY YOUR PLAY DURING BREAK AND SPORT TIME.



THIS WEEK IN THE KITCHEN GARDEN

What's Growing?



Students have been very busy making big changes to their school garden. They have worked hard to move some of the larger garden beds, with the aim of making more room for a herb garden. It is great to see all the students showing such enthusiasm in the garden!

Many spring vegetables may be ready to harvest this week. If you planted greens in March you can gather leaves for tender salads and sautés. Pick the plants' biggest leaves one-by-one, leaving smaller leaves to grow into next week's harvest.

Greens regenerate over and over and grow best with continuous light harvesting each week. The leaves are so tasty and fresh, you may have to stop students from eating them all before they reach the kitchen!

FRITTATA MUFFINS

Makes: 6

INGREDIENTS

- 6 eggs
- ½ cup of milk
- ¼ teaspoon of salt
- 1 cup of grated cheddar cheese
- ¾ cup grated zucchini
- ¾ cup of chopped capsicum
- 2 tablespoons of chopped red onion



DIRECTIONS

1. HEAT oven to 350°F.
2. BEAT eggs, milk, salt in medium bowl until blended.
3. ADD cheese, zucchini, capsicum and onion; mix well.
4. SPOON evenly into 12 greased muffin cups, about 1/4 cup each.
5. BAKE in 350°F oven until just set, 20 to 22 minutes. COOL on rack 5 minutes.
6. REMOVE from cups; serve warm. Eat and enjoy! 🍴

Book of the Week

Muncha! Muncha! Muncha!

Candace Flemming



Mr. McGreely's war on bunnies will have everyone laughing as he tries to outsmart the clever "twitch-whiskers". He plants a garden, only to find rabbits munching on his vegetables every night. He builds various structures to keep them out, eventually resorting to an enormous bunny barricade.

Helpers **NEEDED** for the Kitchen Garden program!!

Every Friday 12.30-1.30pm.

Please add your name to the roster if you can help out.



A big thank you to those who sent in items for our new kitchen. Also, thank you to Kelly Constable and Cheryl Johnson who have offered to assist in the kitchen. We appreciate your support 🙏



*Miss Reilly our garden
Coordinator*



*Mrs Harris our
Kitchen Coordinator*

This year our cooking program will be operating from the kitchen in the school house. I am in the process of stocking it with kitchen utensils and appliances. I was wondering if anyone had some of the following items that are no longer need and would be willing to donate them to our kitchen. Thank you to the members of our school community who have already sent in items. We appreciate your support.

Food storage containers	Scales	Oven mits
Food serving bowls and platters	Sharp knives	Electric beaters
Saucepans	Strainers	Hand held beaters
boilers	Flour sifters	Food processors
non electric frypans/skillets	Oven trays	Cooling racks
Baking/oven proof dishes	Large mixing bowls	Juicer
Woks	Rolling pins	Kitchen scissors
Cutlery	Place mats	Wooden mallet
Crockery	Serving spoons	Food thermometers
Drinking cups	Can openers	Chopping boards
Water jugs	Tea towels	Any pantry items or any other useful kitchen item
	Table Heat protection mats	

Thank you. Kathleen Harris Kitchen coordinator

Head Lice

A general reminder about children's hair now that we are back at school. ☺

• Tips for tackling kids head lice

- Head lice are transmitted by combs/brushes, friends, hair bands, school bags, bed linen. Once the louse bites it sucks on the scalp which leaves the itchiness.
- Lice can be found anywhere through the hair or on the scalp, they can live out of the hair for 15 to 20 hours. It does not matter whether your hair is clean or dirty, they take what they can get - therefore, the presence of lice is not an indication of poor hygiene. Lice do not transmit diseases.
- Use hair conditioner and a fine head lice comb.
- Apply conditioner to the hair and comb through with a wide-toothed comb to remove the tangles.
- Then use a fine metal lice comb to remove the lice and pull the nits off the hair.
- The conditioner helps slow down the louse and makes it easier to comb out.
- Reduce transmission by tying hair back and braiding. We now it's hard for young girls to consider this cool, but try it!
- Regularly check your children's hair.

For more information go to the "Nitbusters" website

www.health.nsw.gov.au/publichealth/environment/headlice/index.asp

YOU DO NOT HAVE TO KEEP YOUR CHILD AT HOME AS LONG AS TREATMENT/MANAGEMENT IS UNDERWAY. Time from infestation to eggs hatching is 5 to 7 days, so be vigilant and examine hair carefully even after treatment.

Upcoming Events

Assembly

Monday 22 February,
9am.

Book Club

Due back Friday 12
February 2016.

Life Education

Monday 29 February

Intensive Swimming

15-19 February

Clean Up Australia Day (schools)

Friday 4 March

Zone Swimming Carnival

Date: Friday 26 February
Further details will be provided.

Cockburn Swimming Carnival

Time: 9.30am start
Venue: Nundle Pool
Cost: \$4
Travel: parents

Year 3-4 Tea Gardens Excursion

Week 8, Term 3

Year 5-6 Canberra Excursion

Week 10, Term 2



Moonbi Sports House Points Score

BULLIMBALLA



CARRAGUNDI



Moonbi Public School Extravaganza

Ph:0267603151

Fax:0267603871

Charles St, Moonbi, NSW, 2353
moonbi-p.school@det.nsw.edu.au

Moonbi Horse Sports Team Events

Blandford Public School - Friday 4 March 2016
(entries close Friday 26/2/16)
Forms available at the office

Willow Tree Public School - Friday 18
March 2016
(entries close Friday 4/3/16)
Forms available at the office

Moonbi Public School
Friday 8 April 2016
(last day of term)
Entry forms available soon.

