

MPS 2016 SCHOOL CAPTAINS



STRIVE FOR PERFECTION

2016 CLASSES

Principals Desk

by Bonita Broughton

WHAT IMPRESSED ME THIS WEEK

This week I was impressed by how students are recognising other students for positive behaviour.

REACHING FOR THE STARS

School of Excellence Framework: How well are we doing?

The Framework has 14 elements across the three domains of learning, teaching and leading which define the core business of excellent schools.

Excellence in Learning is broken into five elements- *LEARNING CULTURE, WELLBEING, CURRICULUM AND LEARNING, ASSESSMENT AND REPORTING* and *STUDENT PERFORMANCE MEASURES*.

LEARNING CULTURE: In schools that excel, school culture demonstrates the building of educational aspiration and ongoing performance improvement across its community. Students take responsibility for their ongoing learning.

- In schools that are excelling - there is school-wide, collective responsibility for student learning and success, with high levels of student, staff and community engagement.
- Positive and respectful relationships across the school community underpin a productive learning environment, and

support students' development of strong identities as learners.

IN THE SPOTLIGHT

Celebrating our successes

Congratulations to 2015 ABCRA National Junior Rodeo Champion Junior Barrel Racer Under 11 - SHAELYNN HERNANDO.

Shaelynn was part of our school leadership team last year. We are very proud to hear of her ongoing success.



MPS Extravaganza



Week 4 Term 1

WISDOM OF THE WEEK

This week's "Wisdom of the Week"-
" You don't have to be great to start, but you do have to start to be great" Zig Zigler



VIRTUE OF THE WEEK

Integrity- ... Our focus value for this week is Integrity. Your children have been learning that integrity is doing the right things even when nobody is watching or there is no reward. Make sure you look for opportunities to model integrity to your children.

MAKING A MARK ... "Live so that when your children think of fairness, caring and integrity, they think of you." H Jackson Brown Jr

CLASS STRUCTURE 2016

Kindergarten Budgies (Miss Cornish)

1 2/3/4 Rosellas (Miss Reilly)

3/4/5/6 Hawkes (Mrs Harris)

WORKING WITH CHILDREN DECLARATION

The Working With Children Declaration is an important part of the Department's recruitment process to prevent unsuitable people from working with children in schools. Anyone working in schools with children, including parent volunteers are required to complete a Working With Children Check Declaration and provide Proof of Identity that meets the 100 point check. This includes parents who help in the classroom, volunteer in the canteen and help at other activities, such as P&C events and discos.

A **FREE** Working With Children Check for volunteers is available online at <http://www.kidsguardian.nsw.gov.au/working-with-children/working-with-children-check>

If you would like to volunteer in any capacity in our school you will need to complete one of these forms.



Good for Kids good for life

SCREEN FREE QUIET TIME

Some families have a daily quiet time where everyone takes a break. Do your children watch movies during their quiet time?

Why not try some of these activities instead to reduce the amount of screen time they are exposed to during the day and to keep their minds active!

- Reading books
- Arts and crafts
- Puzzles
- Card games
- Listening to some relaxing music
- Spending time in the garden



Adapted from Murrumbidgee Local Health District Quick Bits



PHONE 4924 6499

Clothing Pool

I am available at school Thursday morning or by appointment only Wednesday, Thursday, Friday afternoons. You can contact me on 67605218 or 0429445253. Clothing Pool Supervisor - Penny Foster

SCHOOL PLEDGE

This is our school,
Let peace dwell here.
Let the room be full of contentment,
Let love abide here.
Love of one another,
Love of mankind,
Love of life itself,
And love of God.
Let us remember,
That as many hands build a house, So
many hearts make a school.



FRIDAY lunch time - hockey training. (Please bring mouth guards if you already have them.)

ZONE swimming carnival - 26th of Feb (notes are going home this week)

CALL FOR ANYONE WHO IS INTERESTED IN TOUCH OR NETBALL coaching to contact the school please. Miss Cornish.



P&C News

by Jen Hernando (President)

Annual General Meeting

Our AGM will be held on Wednesday, 16 March 2016, at 6:00 pm in the old staff room(followed by our regular monthly meeting). We have moved the time so all members can attend.

The following positions will be declared vacant at the AGM:

President
Vice President
Secretary
Treasurer
Assistant Treasurer
Clothing Pool Supervisor
Clothing Pool Assistant
Canteen Supervisor
Canteen Committee
Student Banking Officer
Student Banking Assistant
Fundraising Committee

If you wish to nominate for any of the above positions, please attend the AGM in person or alternatively put your nomination and acceptance in writing and submit it to the Secretary, Kelly Constable, prior to the day of the meeting. A "word of mouth" nomination cannot be accepted.

If you have any question or concerns about what a particular role entails, please ask one of your P&C Committee.

If you are not a currently a member of Moonbi Public P&C and wish to vote at the AGM please be aware that your membership must be summited and paid by the close of our February meeting(17 Feb 2pm), ie our meeting next Wednesday, 18 February 2016.

Membership forms are available from Kelly Constable or from Mrs. Nash in the office. Your \$2.00 membership fee can be forwarded, along with completed form, to the Treasurer, Lisa Madden, via the office.

If you are an exciting P&C member you will be eligible to vote but your membership fee will be due and payable at the AGM on Wednesday, 16 March 2016.

We look forward to seeing you there. ☺

Jen Hernando

MEETINGS

3RD WEDNESDAY OF THE MONTH @ 2PM.

LONE PINE COMMUNITY ROOM

JEN HERNANDO
President

Ph: 0429181727

Student Banking by Lisa Madden

Hi bankers. Thank you to everyone for making the banking day a smooth transition to Friday's. If you would like to open a new account for your child, please don't hesitate to contact me at the school Friday mornings. If you did not receive your banking prize at the end of last year please come and see me and I will get that sorted.

Term 1 you can claim a Flying Snake or a Wildlife Writer Set.

This year Commonwealth Bank are giving students the chance to win a family trip for up to two adults and three children to explore Australia Zoo and meet Bindi and Robert Irwin.

Students who make 15 or more School Banking deposits by the end of Term 3, 2016 will be automatically entered into the draw. This is another great way to motivate students to save regularly and reach their savings goals. Find out more at commbank.com.au/schoolbanking

Lisa Madden - School Banking Coordinator



Busy Bee Canteen

by Jackie Robertson

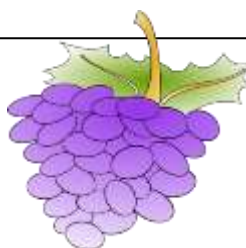
Remember this week that canteen is only open for Ice-cream and drinks as Intensive Swimming is on.

This week volunteer is: Jackie

Our canteen menu is also available through the school website.

Jackie Robertson – Canteen Supervisor
0458201127

*Munch
&
Crunch
March*



*Promoting
Healthy Minds,
Healthy Bodies,
Healthy Planet.*

** Activities and Games*

**Prizes to be given for the Healthiest Lunch Boxes*

VIRTUE OF THE WEEK

INTEGRITY

HONOUR BOARD

Nominate somebody this week has demonstrated Integrity.



HIGHLIGHTS FROM THE CLASSROOM



Budgies

This week our class has been busy learning to swim. Staff and instructors have been amazed how well they have taken to the water.

Rosellas

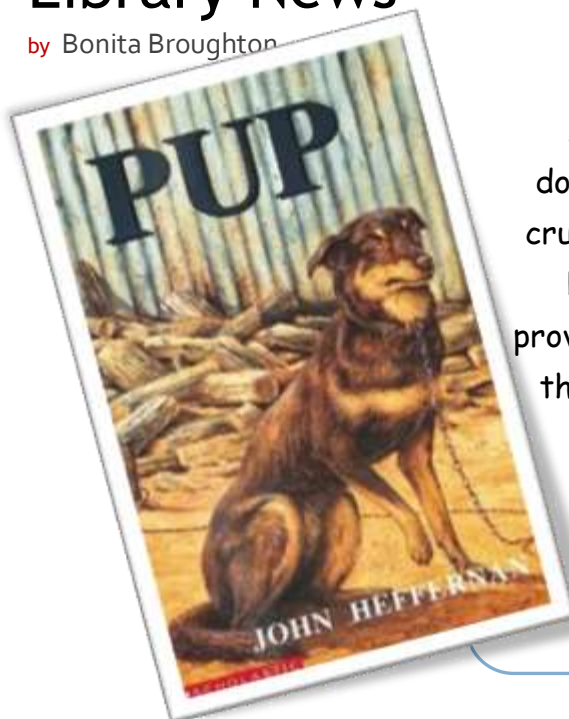
This week our class started looking at the importance of safety. It was fantastic to see students had so much prior knowledge of this topic and understand the importance of safety. Students have been travelling to the Kootinjal pool for the Intensive Swimming program this week. It has been great watching them improve their swimming skills and practice safety around the pool.

Hawkes

In Science we learnt that kangaroos have adapted to their environment in many ways. One unique feature they have is the ability to cool themselves down by licking their chests and forearms. They do this because their blood vessels are close to the skin surface in these parts of their body.

Library News

by Bonita Broughton



Pup by John Heffernan

Against a background of domestic violence and animal cruelty, the strong friendship between a boy and a dog provides a positive outcome for the characters in the story.

Genre: Animal Fiction

MOONBI MARVELOUS MANUSCRIPTS

STUDENT WRITING

Rosellas Living Things Poems

Sharks

Sharks have razor sharp teeth

Sharks have fins that help them swim.

Fins help people know that there is a shark.

Sharks are dangerous.

Sharks have no bones.

Sharks swim.

By Malcolm

Living Things

Cat can grow.

Dog can run.

Lady can fall.

Zebra can breathe.

Snake can slither.

By Tahlia

Living Things

I like snakes.

Snakes have g teeth.

Move, breathe and grow.

by Lincoln



Thank you Zoe Oliphant for being an awesome kitchen volunteer.

FRIDAY REMINDER: Gardening Smock, Boots & Gloves, Sport Uniform, Library Books & Bag, Lunch orders.

**Blast Off
with
Breakfast!**

Lack of time is the excuse for not eating breakfast given most often by both kids and parents! Limited time in the morning doesn't mean that a nutritious breakfast isn't possible. A healthy breakfast can be very simple and quick to put together and eat.

Try these 3-Minute Quick Fixes:

- Toasted whole wheat English muffin, peanut butter, glass of milk
- Crackers, cheese, orange wedges
- Instant oatmeal, canned peaches, milk
- Baby carrots, cheese stick, multigrain bagel
- Ham and cheese sandwich, glass of chocolate milk
- Yogurt, apple, whole wheat toast
- Cold cereal, banana, milk
- Tortilla with grated cheese and salsa, orange juice
- Large flake oats mixed with vanilla yogurt, raisins, walnuts and cinnamon
- Whole wheat pita spread with peanut butter and wrapped around a banana

One of the most powerful ways to get your kids to eat breakfast is to eat breakfast yourself. Be a positive role model... eat breakfast with your children and see how good you feel!

Whatever you do... eat breakfast!

**Don't forget Crunch&Sip®
in the school bag every day...**

CRUNCH:

- ✓ Easy-to-eat seasonal fruit such as a small apple, a container with hulled strawberries, a mandarin or banana OR
- ✓ Canned fruit in natural juice with a spoon OR
- ✓ Vegetables such as carrot or celery sticks, cherry tomatoes or snow peas

AND SIP:

- ✓ A clean, clear water bottle filled with plain water

Crunch&Sip® is a set break for your child to eat fruit or salad vegetables and drink water in the classroom.

www.crunchandsip.com.au

Moonbi Explorers Points Score

FLINDERS

11



OXLEY

13



MITCHELL

12



**Parent
Pointers**

**Focusing on the
Importance of Learning**

- ▶ Talk positively about the importance of education.
- ▶ Let your child see how much you enjoy and value learning.
- ▶ It is OK if you do not have all the answers to your child's questions, but it is important to show that you know how to find the answers.
- ▶ Learning builds confidence; and a child who is confident is more open to new opportunities to learn.

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**Caught
on the
Web**

**Web sites for learning and fun --
for kids and parents together..**

This week's Site to See:

Wacky Web Tales

<http://www.eduplace.com/tales/>

Reinforce parts of speech as kids create silly stories.
(Grades 2-up)

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A B C_s
Of Student Success

C is for CHOICES.

According to Jim Fay, author of *Becoming a Love and Logic Parent*, giving children choices is more effective than making demands. He suggests...

- Never give choices if it might cause problems for you or anyone else.
- Give only two options for each choice, both equally okay with you. For example, *Would you like peas or carrots?* or *Do you want to do homework now or in 15 minutes?*
- If the child doesn't decide within 10 seconds, make the choice for him or her.

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THIS WEEK IN THE KITCHEN GARDEN

What's Growing?

Students were very excited to see on Friday that we had many crazy shaped carrots that were ready to eat! Students had been keeping their eyes on these carrots over the last couple of weeks, watching them grow and waiting for the day they were ready.

Carrots are easy to grow in a garden with deep, loose soil. They are excellent to eat both fresh and cooked and become tastier as they grow. Carrots take a minimum of 30 days to grow for a crop of baby carrots. Full-sized carrots mature in 50 to 80 days. The specific carrot variety determines the time to maturity and the ideal size at harvest. You can harvest carrots gradually as they grow, but waiting too long results in tough carrots with decreased flavour.

Miss Reilly –Garden Co-ordinator



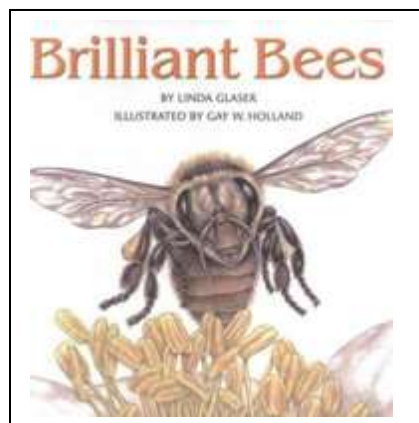
Scrambled Eggs with Spinach and Cheese

1 dozen local eggs
 1/4 cup milk
 Salt and pepper
 2 tablespoons butter
 1 small onion, diced (optional)
 ½ pound local spinach, chopped
 1 cup shredded cheddar

*SERVE WITH TOAST OR WARMED TORTILLAS AND SALSA, IF DESIRED.
 SERVINGS FOR 6 –8 ADULTS. SAMPLES 20 –25 STUDENTS TO TASTE.*

Steps

1. IN A MEDIUM BOWL, WHISK EGGS, MILK, SALT AND PEPPER.
 2. MELT BUTTER IN SKILLET OVER MEDIUM HEAT. ADD ONION AND COOK, STIRRING, UNTIL GOLDEN.
 3. ADD SPINACH AND SAUTÉ UNTIL IT IS WILTED.
 3. ADD EGG MIXTURE AND COOK, STIRRING, ABOUT 3 MINUTES.
 4. SPRINKLE CHEESE OVER EGGS AND STIR. COOK, STIRRING, FOR 2 TO 4 MINUTES.
- SERVE IMMEDIATELY.



Book of the Week

Brilliant Bees by *Linda Glaser*

Brilliant Bees introduces readers to the amazing world of honeybees. We learn how bees communicate, make honey and care for the hive. The book highlights the importance of bees for our fruits and vegetables, as well as other plants and trees.

This year our cooking program will be operating from the kitchen in the school house. I am in the process of stocking it with kitchen utensils and appliances. I was wondering if anyone had some of the following items that are no longer need and would be willing to donate them to our kitchen. Thank you to the members of our school community who have already sent in items. We appreciate your support.

Food storage containers

Food serving bowls and
platters

Saucepans

boilers

non electric frypans/skillets

Baking/oven proof dishes

Woks

Cutlery

Crockery

Drinking cups

Water jugs

Scales

Sharp knives

Strainers

Flour sifters

Oven trays

Large mixing bowls

Rolling pins

Place mats

Serving spoons

Can openers

Tea towels

Table Heat protection mats

Oven mitts

Electric beaters

Hand held beaters

Food processors

Cooling racks

Juicer

Kitchen scissors

Wooden mallet

Food thermometers

Chopping boards

Any pantry items or any
other useful kitchen item

Thank you. Kathleen Harris Kitchen coordinator

Upcoming Events

Assembly

Monday 22 February,
9am.

Life Education

Monday 29 February

Intensive Swimming

15-19 February

Clean Up Australia Day (schools)

Friday 4 March

Zone Swimming Carnival

Date: Friday 26 February
Further details will be provided.

Year 3-4 Tea Gardens Excursion

Week 8, Term 3

Year 5-6 Canberra Excursion

Week 10, Term 2



Moonbi Sports House Points Score

BULLIMBALLA



CARRAGUNDI



Moonbi Public School Extravaganza

Ph:0267603151

Fax:0267603871

Charles St, Moonbi, NSW, 2353
moonbi-p.school@det.nsw.edu.au

Moonbi Horse Sports Team Events

Blandford Public School - Friday 4 March 2016
(entries close Friday 26/2/16)
Forms available at the office

Willow Tree Public School - Friday 18
March 2016
(entries close Friday 4/3/16)
Forms available at the office

Moonbi Public School
Friday 23 September 2016
(last day of term 3)
Entry forms will be available soon.

