

# Moonbi Eggstra

Moonbi Public School

Quality Learning – Quality Life

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**'Like' our new Moonbi Public School Facebook page to keep up with updates and reminders.**

Our new newsletter day is usually **TUESDAY**. Please send any newsletter submissions to the office by Monday 3pm so that they may be included. Thank you.

## What's On? Upcoming events

### **Term 4 Week 4**

Thursday 29 October	Amber Lawrence visit
Friday 30 October	Awards Assembly 2.30pm

### **Week 6**

	Year 5/6 Sydney excursion
Wednesday 11 November	Remembrance Day

### **Week 7**

Intensive Swimming

### **Week 8**

Friday 27 November	Prefect speeches
	Awards Assembly (final)

### **Week 9**

Tuesday 1 December	Kids Teaching Kids – TPS
Friday 4 December	Carols by Candlelight

### **Week 10**

Monday 7 December	class parties/excursion
Tuesday 8 December	Swimming Carnival with Tintinhull Public School at Kootingal Pool
Wednesday 9 December	Christmas Craft Day
	Year 6 Dinner
Thursday 10 December	Presentation Night
Friday 11 December	Clean Up Day

**EXCITING NEWS - Amber Lawrence is coming to Moonbi Public School!**



A very special guest will be coming to Moonbi Public School tomorrow to share her amazing talents with students.

Amber will be performing for students for half an hour from 11.30. A huge thank you to Mrs George for organising this special treat.

**SRC** This term the SRC is selling icy poles for 50c at the second half of lunch Monday to Thursday. The SRC would like to thank everyone for their ongoing support.

## Calrossy Horse Sports Day

Apologies to Mia Anastasi. The report received and conveyed in our newsletter following this event accidentally missed Mia's great success in being named Champion 8 year old rider. Well done Mia!

Thank you to Toscha for the photographs.





*Thank you everyone for your support of our successful Footy Colours Day yesterday.*

### P&C News

#### NEXT MEETING: 2pm, Wednesday 18

November in the old staff room. We welcome everyone to come! This would be a great chance for parents, grandparents and carers that collect their child from school to come just a little earlier, have a cuppa and find out about the P&C.

*Remember, all the money we raise goes back to improving our kids' education and resources.*

Jen Hernando - President - 0429 181727

### Busy Beehive Canteen

We will be having Jelly Cups for .80c for our Daily special this week. It is getting hot at school so don't forget to get your children an ice cream to help them keep cool.

**Busy Bee helpers this week: Jackie and Katie**

Jackie Robertson - Canteen Supervisor  
(0458201127)

### Student Banking

#### **Commonwealth Bank School Banking Update - Please Read**

Following the decision last month to recall the Cosmic Light Beam Torch due to a potential safety issue, a decision has been made to also **withdraw the upcoming Lunar Light Band reward** from the School Banking Rewards Program. To avoid disappointment there is a **new reward item available** for redemption in Term 4 while stocks last. Students can now test their skills with a game of **frisbee** with the new **Galaxy Glider!**

Once students have collected 10 tokens, they can simply include a note, along with their 10 tokens in their deposit wallet on banking day to advise that they would like to redeem their tokens for the Galaxy Glider reward item. **Don't forget the Outer Space Savers Money Box is also available in Term 4.**

Any Transition Students that wish to start student banking are welcome to do so, just bring along your banking books on Fridays. Anyone interested in opening an account is invited to see me on Friday morning. ☺

Keep smiling, Lisa Madden School Banking Coordinator

### Clothing Pool

Second-hand items are available, prices vary on condition. At present there are no second-hand summer tunics available in clothing pool, if you may have any in the cupboard please send them in to the school. You can donate them to the school or you can put them on consignment. I am usually available at school Thursday mornings or Wednesday, Thursday, Friday afternoons by appointment only. You can contact me on 67605218 or 0429445253. Clothing Pool Supervisor - Penny Foster

**Reading helpers:** This term we need reading helpers to help with all groups from 9am - 9.30am Monday - Thursday. If you (mums, dads, grandparents, friends, carers) can spare us some time on these days it would be great. Please contact the office and let us know.



### Farrer Memorial Agricultural High School - Tamworth

#### **Selective Schools applications now open online**

Farrer is the only all-boys government Agricultural high school in Australia & would like to inform parents of current Year 5 students, that registration for Year 7 2017 is now open online.

To register your son to sit the Selective Schools test visit the Farrer website and follow the Selective Schools link. Applications close 16th November.

For further enquiries contact Farrer on 6764 8600.

~~@ @~~

Applications are now open for Selective High School Placement for 2017. Visit [www.schools.nsw.edu.au/shsplacement](http://www.schools.nsw.edu.au/shsplacement) and follow the links. Online applications close 16 November 2015.

### **Good for Kids good for life**

#### **Packing a Safe Lunchbox**

**Myth:** It gets too hot to pack cooked meat, dairy, eggs or other high-risk foods in children's lunchboxes

**Fact:** You can safely pack these types of perishable foods by doing the following:



- Use a good quality insulated lunch box
- Pack a freezer block or frozen drink with the cool items
- Pack the perishable foods close to the frozen item to keep them cool
- Encourage your child to keep their bag out of the sun
- Throw out any uneaten food at the end of the day







# Footy colours 2015

Wow what an effort Moonbi Public School made yesterday for Footy Colours Day! We managed to double what we made last year with a total of \$2,350! I was so proud of the effort and behaviour displayed by students and parents. Everyone who came to the school commented on how amazing everyone looked.

We would like to thank Sportsmans warehouse, Forum 6 cinema, Newcastle Knights, Anthony Minichiello, The Footy Show, Andrea Downs, Luke Ballard, Cancer Council, NIAS and Northern Inland for their amazing donations. Without these we couldn't have had such a successful day. Make sure you watch our news piece on our Facebook page and we will be in the paper this week!

## **Winners on the day were:**

Sportsmanship girl: Shaelynn

Sportsmanship boy: Ben

Most enthusiastic -

NRL: Coady

AFL: Elle

Soccer: Hermarni

Oztag: David (Tintinhull)

Best parent/ female: Tegan

Best parent/ male: Brendan

Most money raised: The Hernandos

Best dressed infants: Karla

Best dressed primary: Laura

**Raffle winner: Rory!!!**



# Social and emotional learning: Suggestions for families

Parents and carers have a critical role to play in guiding and supporting children's social and emotional learning. Social and emotional skills develop with practice.

Everyday situations present lots of opportunities for children to learn and practise skills for coping with emotions, managing relationships and solving problems. You can help children build the skills they need by providing effective coaching.





## How parents and carers can help

### Encourage discussion of feelings

Encourage children to talk about how they are feeling. Listen with empathy so they feel understood. Help them see that feelings are normal and that all feelings are okay, it is important to understand them, and that understanding and talking about feelings helps you to manage them.

### Support children's confidence

Help children identify and develop their strengths by encouraging them to have a go at things and find activities they enjoy. Praise their efforts, celebrate their successes and encourage them to keep trying and learning.

### Provide opportunities to play with others

Playing with other children provides practice in important social skills such as sharing, taking turns and cooperation. Help children develop their skills by praising their appropriate play behaviour, for example: "I noticed how nicely you shared your toys. That made it fun for both of you."

### Lead by example

Parents and carers are important role models. Children learn how to behave by observing and imitating the behaviour of those around them, particularly adults. When you model positive ways of coping with strong feelings like anger, it helps children feel safe and shows them ways that they can manage strong feelings too.

### Give children choices

To develop responsibility, children need practice in making choices that are appropriate for their age and experience level. You can help children build decision-making skills by encouraging them to explore options and helping them think through the reasons for their choices. Involving children in family decision-making (that you are in charge of) helps them develop skills for responsible decision-making and encourages cooperative family relationships.

### Encourage creative problem-solving

Asking questions that help children think of alternative solutions supports their thinking and problem-solving skills. When problems arise you can explore them together by asking questions, such as: "What could you do about that?" or "What do you think might happen if you try that?"

### Teach children to use assertive communication skills

Show children how to confidently and respectfully communicate their thoughts, feelings and needs to others in an assertive way, for example: "I really don't want to play that game. It's too dangerous. Let's play a different game instead."

## Some possibilities for parents and carers

Parent or carer says, "I'm getting too angry. I need some time out to think about this."

Parent or carer says, "I'm feeling really tense. I need to take some deep breaths to calm down."

Admitting to having difficult feelings is not a sign of weakness or failure. It sets a good example for children by showing them that everyone has difficult feelings at times and that they are manageable.

This resource is part of a range of KidsMatter Primary information sheets for families and school staff. View them all online at [www.kidsmatter.edu.au](http://www.kidsmatter.edu.au)



Australian Government  
Department of Health and Ageing



Principals  
Australia  
Institute  
*Learning. Leading.*



### Here is some more information ...

This is Australia's first matched savings program that helps people and families to establish a long term saving habit, build their money management skills and knowledge while saving for education costs. Since its commencement, more than 26,000 people have joined the program nationally and saved more than \$15 million.

### What are the eligible saving goals and the benefits (to people having school aged children or studying/returning to vocational training/ apprentices)?

A participant may receive the once off incentive of up to \$500 for their school aged children's education e.g. textbooks, uniforms, stationery, tutoring, special subject costs, school excursions and camps, shoes, after school sports activities/music art etc. or TAFE fees, computer/laptop, trade tools, furniture to study etc., (see list of eligible goals on the back).

### How does it work?

A saver plus participant selects education-related items they wish to save for (thinking ahead to what's coming up in 10 months' time) and agree to a savings goal over a period of 10 months, from as little as \$12.50 wk, \$ 25.00 fnt or \$50.00 mth to achieve a goal of \$500.00 saved and receive matched funds of \$500.00 (the regular saving goal can be a lesser amount). If they make regular and consistent deposits and attend the 10 hours of money minded workshops, **every dollar they save will be matched with an equivalent dollar, up to a total of \$500.00**

Matched funds are used to buy the education-related product or service for the participant's personal or children's educational expenses.

### Who is eligible?

1. + people over 18 years old
2. + have a current Health Care Card OR Pensioner Concession Card
3. + live, work, study or have a child studying in the local area
4. + commit to completing *money-minded* workshops (online – free training basic financial skills and budgeting)
5. + have some income from paid employment (household income)
6. + have not received matched savings from Saver Plus before

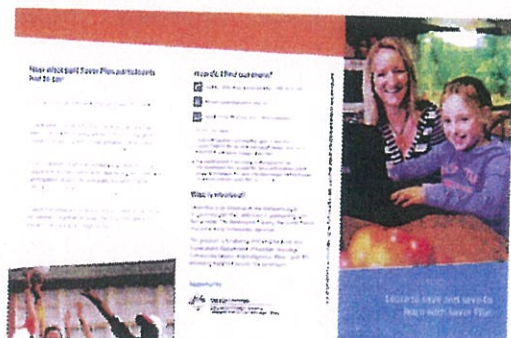
### How will the participants receive the matched funds?

At the end of the saving period participants can purchase the goods themselves (only after finishing the program!) and be reimbursed if they provide a receipt. Alternatively saver plus national office will arrange for a cheque to be issued to the participant upon receiving an invoice or quote from a registered business for an educational goal related item or service.

*Saver Plus is an initiative of Brotherhood of St Laurence and ANZ, delivered in partnership with The Smith Family, The Benevolent Society, Berry Street and other local community agencies. In May 2015, the Australian Government committed \$2.9 million to support the award-winning Saver Plus program over the next five years, together with a \$17.5 million commitment from ANZ.*

Interested participants can either call the National phone number **1300 610 355** in brochure and, enter their post code to find their local Saver Plus worker or contact me directly:

**Anne Yates: Ph 02 67629700 or Mb 0431 651 571**  
**Email: [anne.yates@benevolent.org.au](mailto:anne.yates@benevolent.org.au)**  
**Visit: [www.moneyminded.com.au](http://www.moneyminded.com.au)**  
**Check Out: [www.anz.com/Monday](http://www.anz.com/Monday)**  
**for Weekly Financial Tips**





## Guide for eligible savings goals



The savings goal must be for:

- a product or service that will assist your child's education and development, or
- a product or service related to your own accredited education and training.

**The product or service must be purchased from a registered business, school or training organisation.**



The following education or training-related products or services are eligible for matched savings:

- text books
- uniforms
- child's sports uniforms
- stationery
- school shoes, including sports shoes
- school excursions and camps
- equipment for other school activities such as sport, art, music
- school specialist subject costs
- school resource fee (or equivalent)
- school laptop/tablet hire scheme
- equipment or fees for your child's club or community activities such as sport, music, dance, scouts/girl guides, cadets, art, photography or other hobbies
- school book bag / backpack, lunch box and drink bottle
- special education aids - sold through special needs supplier or school
- special needs services that are not available through health subsidies or other funding.
- internet costs
- furniture for studying (e.g. desk, chair, book shelves, desk lamp)
- tutoring
- TAFE/VET fees
- equipment and industry specific clothing/shoes needed for vocational training
- computer, including laptop, netbook, tablet(e.g. iPad) or second-hand computer
- computer accessories (e.g. software, monitor, printer, external hard drives or other hardware)



Participants may propose other goals, however the following items will **not** be eligible for matched savings:

- voluntary school fees
- private school fees
- school tuition fees
- school building maintenance /grounds fees
- University Fees/HECS-HELP/
- VET-FEE-HELP
- motor vehicles and accessories and driving lessons
- medical or health equipment
- glasses (prescription or otherwise)
- Mobile Phones, Mp3 Players TV's or gaming consoles
- shoes, clothes or accessories for school formals
- shoes, clothes or accessories for outside school, including watches, wallets and purses
- Non study related furniture
- bicycles
- second hand goods not through registered dealer (with ABN)
- item purchased without a Tax Invoice that includes an ABN

If their circumstances change, participants may change the educational item they are saving for, however they should immediately discuss this with their Saver Plus Worker.



**DURI HARBOUR  
BOAT RACE**

*Races start at 1.00pm*

*Make your own 'boat'  
or race one that is  
already made.*

*Teams of 2 or 4 race  
around an obstacle  
course*

*Registration on the  
day – up till 11.30am*

*Kids races, Adult  
races, Seniors Races*

**Entry Fee:**

*\$5.00 / 2 person boat*

*\$10.00/ 4 person boat*

**GET YOUR TEAM  
TOGETHER NOW**



## **DURI HARBOUR BOAT RACES**

**15<sup>th</sup> November 2015**

**Duri Sportsground**

**near Dungowan Rd and Werris Creek Rd Duri**

**10.00am to 3.00pm**

*Car Boot Sale, Plant Stall,*

*Raffles, Lucky dips*

*Craft for the kids*

*Face Painting*

*Jumping Castle*

*BBQ and Canteen available*

*Something for everyone*

**Come and HAVE A GREAT  
FAMILY DAY OUT AND  
Support Duri Public School and  
Duri Progress Association**

*Car boot sale site \$15*

*Enquires or to book a car boot site please  
phone Billie 0429 355 148 or*

*Natalie 0408 732 890*

## **Duri Harbour Boat Races**

### **Rules**

1. *Boat must be safe*
2. *Boat must fully enclose the 2 team members or 4 team members of the crew, and must resemble a boat. Construction, and shape are all to the imagination. Size of boat shall be no longer than 2m, and no wider than 1.5m. BYO Boats are constructed using electrical conduit or plumbing pipe as a frame. The boat should be as light as practical and must have no sharp edges in case the crew falls out.*
3. *Boat must be able to be carried around an obstacle course*
4. **Entry fee :**  
**\$5 per 2 member boat and**  
**\$10 per 4 member boat**
5. **Categories –** Under 12,  
12- 18,  
Adults,  
Family Race – 2 adults and 2 kids  
Senior Race – Over 50  
2 member race  
4 member race
6. *Race committee decision is final*