



## Student Health Support

Dear parents and carers,

If your child has a health condition which may require support at school or when involved in school activities, for example, a school excursion, Our school wants to work with you to keep your child healthy and safe in all areas of their learning. .

Please complete the attached *Request form- Student health support*, on the basis of information provided by your medical practitioner and return it to the school at your earliest convenience. (you may wish to discuss the information required with your child's medical practitioner) The attached form includes sections where you can request the administration of prescribed medication and/or other assistance.

When your request for support has been received it will be discussed it with relevant staff, after which the school will reach out to you to arrange a meeting to develop a health support plan for your child.

Please advise the school at any time if there are changes in the information about your child's health needs or if we can provide any assistance to you.

Yours sincerely,

**Melissa Wood**

**Principal**

**6/2/2025**

[education.nsw.gov.au](http://education.nsw.gov.au)



# Request form- Student health support

This request form includes 5 sections:

1. Student details
2. Parent/carer consent for a doctor to provide information
3. Request for administering prescribed medication
4. Request for other support
5. Parent and emergency contact details

Please remember to sign and date the form before returning it to the school.

## 1. Student details

First name: .....

Last name: .....

Date of Birth: .....

Enrolled at this school: Yes  No  Class, if currently enrolled: .....

Current school if not enrolled: .....

Health/medical condition:.....

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Could your child experience an emergency reaction in relation to this condition? (please tick)

Yes  No

If yes, please describe reaction.

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I understand that the school may need to discuss the implications of my child's medical condition so that the school can consider support for them during school hours.

I give my permission for the doctor/s named below to give the school information about how to manage my child's health support needs at school.

Doctor's name/medical centre: .....

Doctor's address: .....

Doctor's phone number: .....

Please provide the name, address and phone number of any other doctor or medical specialist who may currently be treating your child.

Medical condition	Doctor's name	Address	Telephone

If your child has a documented plan to support any health conditions from a previous school or organisation (e.g. preschool, occasional care, etc) please provide it to the school as an attachment to this form.

## 2. Request for administering prescribed medication to the student

*Note: if your child is to take more than one prescribed medication, please attach a separate request for each medication.*

Name of prescribed medication: .....

Prescribed for (name of medical condition): .....

Prescribed dosage: .....

What are you requesting the school to do? .....

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Expiry date of the medication: .....

*Note: if you can't provide this information now we will need to know the expiry date when the medication is given to the school.*

Special storage requirements if any e.g. in refrigerator: .....

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Special instructions for administering the prescribed medication/s e.g. must be taken with food or with a glass of water:

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Through information you have obtained from your doctor or observed yourself, are you aware of any likely side effects from the prescribed medication?

Yes

No

If Yes, please provide more information:

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*Note:*

*Non-prescribed (over-the-counter) medication must be in the original packaging with the manufacturer's instructions on how to administer the medication.*

*Prescribed medication must be in the original packaging provided by the pharmacy and include a pharmacy label detailing the student's name. Examples include manufacturer's packaging, blister packs, plain pharmacy packaging with pharmacy label*

*Prescribed medication must have the instructions for administration included on the pharmacy label or provided in writing or verbally by the medical practitioner to the school.*

Secure delivery of prescribed medication is important for the safety of your child as well as for the safety of other students in the school.

Please name the person who will carry the medication to school:

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*Note: if you are unable to deliver the medication to school, it is advisable that you nominate a responsible person, who is not a school staff member, to transport the medication to the school.*

**Request for child to self-administer medication at school**

If your child administers their own medication at home, do you request that they self-administer this medication at school?

Yes  No

*Note: the Principal needs to approve a decision for a student to self-administer.*

If yes, please describe what support your child needs to administer the medication in a non-emergency situation at school. You may like to include information about how you support your child at home to administer their medication.

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[Request to carry their own medication](#)

For some medications and some students it can be appropriate for them to carry their own medication to and at school. For example, EpiPen, Anapen or asthma reliever medication and pancreatic enzymes for cystic fibrosis. If your child is to carry their own medication we want to be able to support this and request some information so that we are well informed.

*Note: The school may still need you to provide an additional supply of the medication for storage in central location/s within the school and for use if your child needs the school's help.*

Would you like the principal to consider a request for your child to carry their medication?

Yes  No

*Note: The Principal needs to approve a decision for a student to carry their own medication at school.*

If yes, please describe where and how your child will carry this medication, for example, my child will carry it on their person in a medical pouch or bum bag.

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*Note: Your child's medication should be clearly labelled with their name.*

### 3. Request for other support

Please provide details of any other health support needs of your child while they are at school and involved in school activities.

Please attach any documents from supporting medical teams.

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#### 4. Parent/carer contact details

Name: .....

Relationship to child: .....

Address: .....

Home phone: ..... Work phone: .....

Mobile phone: .....

Email: .....

#### Emergency contact details

Name:.....

Relationship to child: .....

Address: .....

Home phone: ..... Work phone: .....

Mobile phone: .....

Parent or carer signature: .....Date:.....

#### Privacy notice

*The information requested on the form is essential for assisting the school to plan for the support of your child's health needs. It will be used by the NSW Department of Education for the development of arrangements with you to support your child's health needs. Provision of this information is voluntary. If you do not provide all or any of this information, the school's capacity to support your child's health needs could be impaired. This information will be stored securely. You may correct any personal information provided at any time by contacting the Principal.*